

ATHLETIC PLACEMENT PROCESS

NOTIFICATION OF QUALIFIED ATHLETES

TO: [] Executive Director, Section _____ Date _____
[] Opponent School Districts

FROM: _____ SCHOOL _____
Director of PE/Athletics

SUBJECT: APP Qualified Students: [] Fall [] Winter [] Spring

This is official notification that the following student(s) successfully completed the requirements for Athletic Placement Process per the revised 2014 guideline.

Table with columns: ATHLETIC PLACEMENT PROCESS (Name, Grade, Sport, Level) and PHYSICAL FITNESS SCORES (Curl Ups, Shuttle Run, Endurance*, Upper Body**, Flexibility**).

* Alternative 500 yard swim is only for students who desire to try out for swimming.
** Upper body strength can be tested using either pull-ups or right angle push-ups.
*** Flexibility can be tested using either the V- sit reach or sit & reach.

Note: Include the subscript of test completed in the score box.
(e.g. if completed 2 pull-ups, then report the score as a-2. a is the subscript for pull-ups, and 2 is the number of pull-ups completed)

___ YES ___ NO If YES, Explain _____