

**COURSES ACCEPTED AS MEETING  
THE COACHES FIRST AID AND CPR/AED REQUIREMENT  
(Update) August 2016**

**\*FIRST AID – All cards and/or certificates must be renewed per certifying agency requirements**

**NO FULLY ONLINE COURSES ARE ACCEPTED. ALL COURSES MUST INCLUDE HANDS ON LEARNING.**

**\*Please note- Review courses are only accepted with proof of taking initial course. Participant must possess a current certificate(s) (or equivalent) in order to take a review course. Challenge courses are not accepted by NYSED.**

1. A NYS State Education Department approved agency that offers First Aid using the SED course outlines and time requirements: 12 hours initial; 5.5 hours update (valid for 3 years) <http://www.p12.nysed.gov/ciai/pe/coaching.html> (- Click on Toolkit, then on Approved Coaching Courses)
2. American Red Cross
  - o Responding to Emergencies First Aid
  - o Responding to Emergencies Comprehensive First Aid
  - o Responding to Emergencies Comprehensive First Aid/CPR/AED
  - o Responding to Emergencies Adult and Child First Aid/CPR/AED
  - o Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
  - o Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
  - o Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
  - o Emergency Medical Response
  - o Lifeguarding
  - o Shallow Water Lifeguarding
  - o Water Attraction Lifeguarding
  - o Lifeguarding/First Aid/CPR/AED
  - o Lifeguarding/First Aid
  - o Waterfront Lifeguarding
3. American Safety & Health Institute (ASHI)
  - o Advanced First Aid
4. Emergency Care & Safety Institute (ECSI)
  - o First Aid, CPR, and AED
  - o Wilderness First Aid
  - o Sports First Aid and Injury Prevention
5. National Safety Council
  - o Advanced First Aid, CPR, and AED
6. NYS Department of Health (DOH) Bureau of Emergency Medical Services
  - o Certified First Responder

**SED does not require the following to show separate certification in First Aid to coach, HOWEVER A VALID CPR CERTIFICATE WILL BE REQUIRED:**

- a. All Nurses (RN, LPN, NP)   b. Physician – Physician Assistant (MD, DO)   c. Certified Emergency Medical Technicians (EMT) and Paramedic   d. Certified Athletic Trainer (ATC)   e. Fire & Police Officers (full time)   f. Dentists (Includes Oral and Maxillofacial Surgeons)   g. Physical Therapists   h. Optometrists

\*For further clarification on other specific First Aid/CPR/AED certifications not listed, please contact the Associate in Physical Education at (518) 474-5922.

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**\*ADULT CARDIOPULMONARY RESUSCITATION (CPR) – All cards and/or certificates must be renewed per certifying agency requirements**

**NO ONLINE COURSES ARE ACCEPTED**

1. A NYS State Education Department approved agency that offers CPR using the [NEW SED course outline and time requirements](#): 2.5 hours initial; 1.5 hours update (must be renewed every 2 years to be valid) check out [www.emsc.nysed.gov/ciaj/physed.html](http://www.emsc.nysed.gov/ciaj/physed.html) - Click Toolkit, then on Approved Coaching Courses)
2. American Heart Association Courses (AHA)
  - Advanced Cardiac Life Support (ACLS)
  - Basic Life Support for Health Care Providers (BLS Provider)
  - Heartsaver CPR/AED
  - Heartsaver First Aid/CPR/AED
3. American Red Cross Courses
  - Basic Life Support for Health Care providers (BLS)
  - CPR/AED for Professional Rescuers and Health Care Providers
  - CPR/AED for Professionals
  - Adult CPR/AED (Note: For High School level coaches only)
  - Adult & Child CPR/AED
  - CPR/AED for the Professional Rescuer
  - Lifeguarding
  - Lifeguarding/First Aid/CPR/AED
  - Waterfront Lifeguarding
  - Shallow Water lifeguarding
  - Water Attraction Lifeguarding
  - Emergency Medical Response
  - Responding to Emergencies Comprehensive First Aid /CPR/AED
  - Responding to Emergencies Adult and Child First Aid/CPR/AED
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED
  - Responding to Emergencies Adult and Pediatric First Aid/CPR/AED and Bloodborne Pathogens Training
  - Responding to Emergencies Adult and Child First Aid/CPR/AED and Bloodborne Pathogens Training
4. American Safety & Health Institute (ASHI)
  - Adult CPR/AED (For High School Coaches only)
5. Emergency Care & Safety Institute (ECSI)
  6. First Aid, CPR and AED
  - Sports First Aid & Injury Prevention-NYS Coaches
  - Health Care Provider CPR & AED
6. National Safety Council (NSC)
  - Adult and Child CPR & AED
  - Adult, Child and Infant CPR/AED
  - Advanced First Aid, CPR, and AED
  - BLS Healthcare and Professional Rescuer
7. NYS Department of Health (DOH) Bureau of Emergency Medical Services
  - Certified First Responder

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