

**CHAMPLAIN VALLEY ATHLETIC CONFERENCE  
GENERAL SPORTS BY-LAWS (Updated: 5-9-18)**

I. SPORT

These By-Laws apply to all CVAC sport programs.

II. PREFACE

These "General Sports By-Laws" will be in effect and will govern all sports within the CVAC. It is hoped that they include and cover practices, interpretations, and issues not included in the sport-specific by-laws. As part of Section VII the CVAC is also governed by Section VII bylaws. Please familiarize yourself with these and the by-laws specific to your respective sport.

III. RULE BOOK

Rule books for each sport as indicated in Sport Specific By-Laws.

IV. STANDARD TIMES OF CONTESTS

Standard start time of 4:30 PM on weekdays and 11:00 AM on Saturdays. Start times may be adjusted for daylight savings. On SAT/ACT Test dates, start times will be adjusted to accommodate student-athletes by mutual agreement of schools involved. Consideration for start time adjustments may be made based on distances or other circumstances.

<u>SPORT</u>		<u>WEEKDAY</u>	<u>SATURDAY</u>	<u>OTHER</u>
FOOTBALL**	Var.	7:30 PM	1:30/2:30 PM *	Night Games @ 7:30
	JV	<b>3 hrs. prior to Var.</b>	10:00 AM	
	Mod.	4:30 PM		
SOCCER		<b>Venues with lights:</b>		
	Var.	6:30 PM		
	JV	4:30 PM		
GIRLS SWIM	Var.	5:00	10:00 AM	Site*
	Mod.	4:30 if combined	10:00 AM	
BASKETBALL	Var.	7:00 PM <b>(2 sites)</b>	1:30 <b>(2 sites)</b>	
		7:30 PM <b>(1 site)</b>	2:00 <b>(1 site)</b>	
	JV	5:30 PM <b>(2 sites)</b>	12 noon <b>(2 sites)</b>	
		6:00 PM <b>(1 site)</b>	12:30 <b>(1 site)</b>	
	Mod. A	5:30 PM <b>(2 sites)</b>	12 noon <b>(2 sites)</b>	
		4:30 PM <b>(1 site)</b>	11:00 AM <b>(1 site)</b>	
VOLLEYBALL	Var.	6:00 PM	12:30	
	JV	4:30 PM	11:00 AM	
	Mod.	4:30 PM	9:00 AM to 12:00 PM	
WRESTLING	Var.	7:30 PM		
	JV/Mod.	6:00 PM		
BOWLING		3:30 PM		
HOCKEY	Var.	As per Ice Time Availability		
IND. TRACK	Var.	As Available	As Available	

<u>SPORT</u>	<u>WEEKDAY</u>	<u>SATURDAY</u>	<u>OTHER</u>
GOLF	3:30 PM		
TENNIS	3:30 PM		

V. OFFICIAL EQUIPMENT

- A. Balls, and other special equipment, must meet the sport rulebook standards.
1. The State (NYSPHSAA) approved ball(s) will always be used for CVAC Varsity league play.
  2. Exceptions to this standard must be approved by the Council of Athletic Directors.

VI. UNIFORMS

- A. All Varsity teams are expected to comply with all Rule Book interpretations on uniforms.
- B. It is recommended that all sub-varsity teams meet Rule Book interpretations on uniforms. It is understood that all conference members assist in dealing with concerns of all schools for uniform adaptations. Advanced notice is expected when uniforms are out of compliance.

VII. ELIGIBILITY FOR PARTICIPATION

- A. Must meet NYSPHAA Guidelines. See each Sport Specific By-Laws for additional requirements.
- B. 11<sup>th</sup> or 12<sup>th</sup> graders moving to the Junior Varsity level must be given permission by the Council of Athletic Directors.

VIII. HOME TEAM RESPONSIBILITIES

- A. See sport specific bylaws.
- B. Special ceremonies, awards and recognition events performed prior to the start or during a contest shall not exceed 15 minutes of length.

IX. POSTPONEMENTS & CANCELLATIONS

It shall be the home Athletic Director's responsibility to notify the visiting Athletic Director, the Assignor of officials and the news media (if necessary) of any postponements or cancellations. Postponed contests shall be played as soon as possible by mutual agreement of the involved Athletic Directors. If a mutual date cannot be easily agreed upon, the matter will go before the Appeals Committee, who will decide a date for the contest to be played.

X. OFFICIALS

- A. Officials will be assigned according to arrangements currently contracted under Section VII.
- B. Judgement calls of a game official during a league activity shall be final with no right of appeal.
- C. In cases of misidentification of an athlete or coach an appeal will be heard and video may be presented.

XI. DIVISIONS

Divisional alignment in the CVAC shall be established for two (2) year periods. That determination shall be made on the basis the NYSPHSAA enrollment number used for classification. **In sports where there are eleven (11) or more schools** the six (6) schools with the largest enrollments will comprise Division I. The other schools will comprise Division II. **If there are ten (10) schools the five (5) schools with the largest enrollments will comprise Division I.** The other schools will comprise Division II. A school may petition the Council of Athletic Directors to be changed from one Division to another. Any petition which is approved shall apply for the two (2) year period involved.

XII. DIVISION OR LEAGUE CHAMPIONSHIP

A. The Division or League Champion shall be the school (team) with the best overall conference record.

B. TIE BREAKERS

1. TWO TEAMS WITH IDENTICAL RECORDS

- a. If two (2) schools (teams) end conference play with identical records, the team with the better head-to-head record between the (2) schools (teams) is the champion.
- b. If a tie still exists, then the team with the best in-division record will be the champion.
- c. If a tie still exists, then see sport specific by-laws.
- d. If no sports specific by-laws exist, then co-champions will be declared.

2. THREE OR MORE TEAMS WITH IDENTICAL RECORDS

- a. If three or more (3) schools (teams) end conference play with identical records the team with the best head-to-head record among the three (3) or more teams shall be the champion.
- b. If the head -to-head records eliminates enough to have only two teams tied then the normal 2 team tie-breaking method will be applied.
- c. If 3 or more teams remain tied after looking at head to head, then the team with the best in-division record will be the champion.
- d. If a tie still exists, then see sport specific by-laws.
- e. If no sport specific by-laws exist, then tri-champions will be declared.

3. SPECIAL CIRCUMSTANCES

- a. If a league championship is in dispute it will be resolved by the Council of Athletic Directors.

XIII. SECTIONAL PLAY-OFFS

A. All playoff procedures and contests are governed by Section VII.

XIV. AWARDS

- A. The CVAC policy on awards and their distribution shall be made by the Council of Athletic Directors.
- B. The present policy includes the awarding of \$100 for the purchase of a championship banner from the CVAC to the championship school in each sport in each Division or League.
- C. Individual awards are presented to each member of a championship team (including coach, managers, scorekeepers, etc.)
- D. No award can be presented without the approval of the Council of Athletic Directors.

XV. MEETINGS OF COACHES

- A. The CVAC preseason meeting will be held on the Thursday prior to the NYSPHSAA start date for that season. Each participating school will have a representative at each sport specific meeting.
  - B. The CVAC requires each sport chairperson to facilitate the Pre-Season and the Post-Season meeting of coaches each year.
  - C. Preseason and Postseason reports should be forwarded to the Executive Secretary.
- XVI. SELECTING CVAC ALL STAR TEAMS
- A. Each sport will recommend to the Council of Athletic Directors their method of selecting All Stars.
  - B. Any All Star revisions should be made at the post-season meeting and submitted for approval to the Council of Athletic Directors before the next sport season.
  - C. Each sport will develop an appropriate system to allow exceptions for injuries or upsets where an outstanding individual failed to qualify for an All-Star position. See each Sports specific By-Laws.
- XVII. METHOD OF SELECTING CVAC ALL STAR TEAMS
- A. The method of determining CVAC All-Stars will be outlined in the sport specific bylaws.
  - B. Each sport chairperson is responsible for conducting the voting and tabulating the results. All results must be verified.
  - C. A school must be represented in order to put forth a nomination and cast a ballot. The preferred representative is the head coach. A representative must be Board approved school employee to vote. Failure to be represented forfeits your schools representation on the all-star team.
  - D. Each sport will nominate a school for the Ray Holmes Team Sportsmanship Award.
  - E. The chairperson will forward the results to the media and Executive Secretary.
- XVIII. METHOD OF REVISING BY-LAWS
- A. Any proposed revisions of a sport's by-laws, if submitted by a sport's chairperson, must initially meet majority approval of the coaches in that respective sport. The proposed revisions must then be forwarded by the sport's chairperson to the CVAC Executive Secretary, who shall then present them for action by the Council of Athletic Directors. Any by-laws may be changed by the Council of Athletic Directors by majority vote at any time prior to the beginning of the respective sport's first day of practice.
  - B. Any proposed revision of these "General Sports By-Laws" may be presented by a Conference Athletic Director for action by the Council of Athletic Directors.
- XIX. NOTIFICATION OF MEDIA
- A. The official media outlet for the CVAC is the Plattsburgh Press Republican. Results of regularly scheduled league contests must be reported to the Press Republican by the home (or host) school immediately following each contest. Notification to any other media outlets is at the discretion of the participating schools.
- XX. SENIOR CONTESTS
- A. The Council recommends that if a Senior Athlete Contest is approved, it shall be coordinated by the Sports Chairperson. These responsibilities would include:
    1. Follow NYSPHSAA Senior Contest guidelines.
    2. Securing a suitable site
    3. Attempt to secure gate receipts
    4. Securing the appropriate certificates
    5. Assigning officials and securing officials' vouchers

- B. The CVAC shall provide an appropriate certificate to each contestant. Any other awards must be approved by the Council of Athletic Directors.
- C. Recommended Exceptional Senior Contest Format
  - 1. Maximum number of players-- 2 teams of equal number of players
  - 2. Each school may nominate 1 senior to an automatic berth on the team. The remaining participants will be selected by a ballot vote of all CVAC coaches.
  - 3. The coaches for the game will be volunteer CVAC coaches.
  - 4. Sports Chairperson will be responsible for making all arrangements for the game.
  - 5. Any deviation to this format must be approved by the Council of Athletic Directors.

XXI. SCHEDULING

- A. All league schedules and general schedule changes must be approved by the Council of Athletic Directors.
- B. Schedules will be based on a 2 year cycle.
- C. The schedules shall be done by public drawing for every 2 year scheduling cycle. The second year will mirror the first with only a change in the sites.
- D. The last 5 in division games and last 6 out of division games are the sectional qualifiers if necessary and will be asterisked in the schedule. If sites are flip-flopped the changed game becomes a sectional qualifier.
- E. All CVAC varsity games must be played, unless approved by the Council of Athletic Directors.
- F. The scheduling committee may meet one day during the Regents week in January to handle any scheduling concerns and drawing every 2 years. Chairpersons should detail scheduling concerns in their post-season report.

First Approved by the Council of Athletic Directors, Jan. 26, 1983  
Revised April 23, 2018

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